A Pronostication

of Esra Pater, a Jewe borne in Jewry, a Doctoure in Astronomye and Physycke, Profytable to kepe the body in helth, And Ptholomeus layth the same.

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AS I fynde in the ſcience of Aſtronomie, there ben foure maner of Coolers in a mānes body of the.iiij. Complexions. The fyrſt is blode, the ſeconde blacke Cooler, the thyrde Flumes, and the fourth yelowe Cooler. And yf one of the.iiij. lacke al the body ſhulde be forth with deed, for as moche ſuſtayneth one of them the body as the other. And euerych of them ought to be at a certayne, for and one of them ſurmount the other, all the body ſhal haue domage therby, and all.iiij. be perylous, for and the blode ſurmoũt the other, he might eſteygner deſtroye and ouercome the body, and make hym to dye, for he gadreth and congeleth euyn ryght on the herte, and taketh away the flat ſpryte & the breth, and in that maner (leſteygne) and is ouercome and deed, but at that tyme when the great courſe taketh hym he may ſoone be aſwaged to leſſe hym a lytell to take away a lytell blode from hym, and anone all wyll aſwage of this peryll.

Alſo

¶ Also the blacke cooler be right perillous they surmount all the other, they may domage greatly the body, and by many dyuers maners, for they may cause & make the body to fall on the euyll syckenes, and lese his wyt and knowlege, and become a fole, and cause also the body to be full of euyll scabbes, and often tymes to be mesell, and maketh a man to be kerefull, and a couarde / and of many euyll maners. And whā they surmoūt the other, they be right greuous and domageous, And by herbes, flowres, kastyng, abstynence, drynkes, and medycynes they may be aswaged.

¶ The flumes that be whyte be peryllous, when they surmount the other Coolers of the body, they do great domage and hurt, for they engendre gowtes and many other euyll syckenes that be colde, and they hurt also the feete and the handes, and raynes and the knees, the legges, & the tethe, and make the mouth and the breth stynkynge, and the nose, & the eares, and causeth many other diseases and syckenesses, but they

may be alwaged by herbes, flowres, rotes drinkes, medicines, & also by vomisshyng.
¶ Also the yelowe coolers be perylous, for when they surmount the other Coolers, in a mans body thei (assorbent) the hert & traueyle the brayne, & maketh all the mẽbres feble & soft, and taketh away the wyll and the appetyte from the bodye, that he maye not eate nor drinke, and also they chaunge a mans colour, and maketh him to lose his syght and become blynde, and they may be also alwaged as the other flumes be, by herbes, flowres, rotes, & by vomytsshynge.
¶ These. iiii. humoures be of the. iiii. complexions, and they haue the domynacion of the body. iiii. tymes in the yere and, eche of them a quarter of a yere.
¶ The yere is. xii. monthes, that is to say iii. wekes and. i. day. And this is to vnderstande. ccc. lx. dayes, and. vi. houres.

¶ The dyspolycion of the fyrste season of the yeare.

Capricornus, Aquarius, and Pisces.

The

The fyrst season of the yere ẏ hath dominacion of the body of man, is.iii. monethes, & they be named these.iii. sygnes. Capricorne/Aquario/and Pisces. And these.iii.sygnes haue power of all flumes of the body of man and woman, and they be colde and moyst, and they begyn to reigne the.xxiiii.day of Decembre & dureth vnto the.xxiiii.day of Marche.

¶ The dysposycion of the.ii. parte of the yeare.

Aries, Taurus, and Gemini.

The.ii.parte of the yeare, is other thre Monethes, and these be the sygnes. Aries/Taurus/and Gemini. And they haue power in the body of man of the blode, and they be hote & moyste, and they begyn to reygne the.xxiiii.day of Marche, and dureth vnto the.xxiiii.day of June.

¶ The dysposycion of the.iii. season of the yeare.

Cancer, Leo, and Virgo.

The.iii.season of the yere, be other.iii. Monethes, and these be the Sygnes.

Cancer, Leo, and Virgo. And they haue po wer within the bodye of man, of the yelo= we Coolers, and they be hote and drye, and they begynne to reygne on the .xxiiij. daye of June, and dureth vnto the .xxiiij. daye of Septembre.

¶ The dyspolycion of the fourth parte of the yeare.

Libra, Scorpio, and Sagittarius.

The fourth parte of the yeare, be other thre monethes, & these be the sygnes, Libra, Scorpio, & Sagittarius, and they be colde and dry, and they begyn to reygne the .xxiiii. day of Septembre, and dureth vnto the .xxiiii. day of Decembre.

¶ And by the maner of these, iiii. seasons euery man may kepe hym from all contra ries of meates and drinkes, and clothyng and from other contrarye. And yf a man wyll kepe hym after the maner that is re= hersed ī this boke, he shal neuer haue infyr mities of body, by the grace of God. Take pelyter of spayne, & chawe it in thy mouth for it is good to spourge the heed, and the

body.

body. Also eate fenell sede, and comen sede for eche of these sedes dystroy the flumes that all the euyls in mānes body come of.

¶ East.

Ignis Inuentus et Estas.

¶ The water red & thyn, the grose male red and hard, the spytle thicke & clammye. The sygnes, Aries, Leo, and Sagittary, is gendred of colorike, hote, and dry and orientall, and the sykenes be take in these sygnes, it is great peryl: but he haue his medycyne colde & moyste, and the dyet of the same Complexion, then he maye be heled by the grace of God.

¶ West.

Aer Adolescentia Uer.

¶ The water red and thicke, the grose mater red and thyn, the spytle thyn and swete the extremetyues out of course. The sygnes Gemini, Libra, and Aquarie, is engendred of sanguyne hote and moyste, and occidentall, the cure is colde and drye, with the dyete of the Complexion, calcia fistula in aqua vite.

¶ North

¶ Northe.

Terra Senectus Autumpnus.

¶ The water whyte and thyn, the grose male blacke and thycke, the spytle thycke and sowre, the extremetyues vnneth felde, the sygnes Taurus, Virgo, and Capriror nus: he is engendred of Melancolie colde, and drye. Septemtryonall the cure hote/ and moyste / with the dyete of the same Complexyon.

¶ Southe.

Aqua Senium et Hyems.

¶ The water whyte and thycke, the grose mater whyte and thycke, the spytle thyn/ and swete, the extremetyues feble, the sygnes Cancer, Scorpio, and Pisces, he is engendred of Flume colde and moyste Meridionall, the cure hote and drye of the same: purgatio trauit aqua vite, or in potage.

¶ Here he sheweth of the dysse-mall & peryllous dayes that cõmeth in the yeare.

May-

Maysters of Astronomy and Phisicke that this crafte fyrst founde, telleth the fyrste perylous dayes, and the moste daungerous dayes in the yeare. In whiche yf any man or woman be let blode of wounde or bayne, they shall dye within. xxi. dayes folowyng. Or who so falleth in syckenes in any of these dayes, they shall neuer escape tyll they be deed, and who so take any great iourney in any of these dayes to go farre from home, he shalbe in daũger or dye, or he come home agayne, & who so weddeth a wyfe i any of these dayes hastely, they shalbe departed, or els they shall lyue togyther wt moche sorow. And who so begynneth in any of these dayes any great worke it shal neuer come to good ende, and these be the dayes folowing, that is to say. ¶ In January ar. bii. daies ꝑ is to say, the i. the. ii. ꝑ iiii. ꝑ. v. ꝑ. x. ꝑ xv. ꝑ. xvii. & the. xix. ¶ In Februarye, are. iii. dayes, the. viii. the. x. and the xvii.

¶ In Marche are. iii. dayes, the. xv. and the. xvi. and the. xix.

¶ In Apryl ar.ii.dayes,the.xvi.& the xxi.
¶ In May ar.iii.dayes,the.vii.ỹ xv.& xx.
¶ In June are.ii.dayes,the.iiii.& the.vii.
¶ In July are.ii.dayes,the.xv. & the. xx.
¶ In August ar.ii.dayes,the.xix.& the.xx.
¶ In Septẽbre ar.ij.dayes,ỹ.vi.& the.vii.
¶ In Octobre is one,that is the.vi.daye.
¶ In Nouẽbre ar.ii.dayes,ỹ.xv.& the.xix.
¶ In Decembre ar.iii. dayes,ỹ.vi.the.vii.
and the.ix.Et alij dicunt.xv.and.xvi.
And who so wyll lerne the Canicular dayes whiche be dayes of great daunger and peryll,as clerkes say,and they begyn the.xv. Kaleñ.of August,& dureth to the.iiii. Nonas of Septembre,in whiche season is very perylous to take sickenes,and it is also perylous to take drinkes,or medicynes,or to let blod,but yf it be for great nede,& that must be after the myddes of the day.

¶ Here is the dystaunce betwene the sygnes.

It is to understande, that there is a Cycle ī the fyrmament that is called Zodiak,and is deuyded in.xii.euyn partes

and

and of these partes be cliped the.xii. sygnes in Laten, these be theyr names.

Aries/Taurus/Gemini/Cancer/Leo/Virgo/Libra/Scorpio, Sagittarius, Capricornus/Aquarius/and Pisces.

¶ These.xij. sygnes be in cõplexion, lyke to the.iiij. Elementes, that is to say, the fyre the Ayre, the Water, & the Earth. The fyre is hote and dry, his element is lykened to the Rame, the Lyon, and the Shoter / for these be hote and dry. Also the ayre is hote and moyste, to his element is lykened the Chyldren, the Balañce, and the Water berer, for they be hote and moyst. The water is moyste and colde, for to the water is lykened the Crabbe, the Scorpion, and the Fysche. The earth is drye and colde, to the earth is lykened the Bull, the Mayde, and the Gote, for they be dry and colde.

¶ And euerych of these sygnes is deuided in.xxx. euyn partes / and these partes be called degres in euery degre, and is deuyded in.lx. euyn partes, and these partes be called minutes, & euery minute is deuyded

in.lx.euyn partes, & the partes be clepyd se cundes & so forth to the thirdes & fourthes

¶It is to vnderstande, that there be.vij. planettes, as Saturnus, Jupiter, Mars, Sol, Uenus, Mercurius, and Luna: these be the.vii.mouable starres. The forsaid.xii sygnes taketh great power and myght of the.vii.Planettes/and the.vii.Planettes taketh great power of the.xii. sygnes / for the planettes be to the sygnes, as soule to the body: and the sygnes to the planettes, as body to the soule. For lyke as the body may do nought, nother worke without the soule, so without the body, nomore may a sygne of the.vij.planettes.

☞Saturnus is the hyghest/and next beneth Saturnus/is Jupiter/beneth Jupiter / Mars/ beneth Mars/ Sol/ beneth Sol/Uenus/beneth Uenus/Mercurius/ beneth Mercurius/Luna.

☞The wyse Phylosophers sayth, that it is from the earth to Luna.xv.M.vii.C. and.l.myle. From Luna to Mercurius, is xij.M.viij.C.xij.myle, & dī. From Mercu-

rius

tius to Venus, is asmoche. From Venus to Sol, is. xxiii. M. iiii. C. xxxvii. myle and dī. From Sol, to Mars, is. xv. M. vi. C. xxv myle. From Mars to Jupiter is. lxxviii. M vii. C. xxi. myle. From Jupiter to Saturnus, is asmoche. And from Saturnus to the fyrmament is. vi. score. M. iiii. C. and. lxxxv. myles.

☞ Sūme of all the myles, is xviii. score. M. i. M. vij. C. and. xxxiiij. and dī.

¶ Coniunction of the Moone.

HEare is a rule of the chaunge of the Moone, whā the Prime is on this letter. A. the. iiij. day before the Prime the. xix houre shalbe the chaunge of the Moone. And you shall begyn to tell thyne houres, at mydnyght for a daye naturall is from mydnyght to mydnyght, whan the Prime is on this letter. B. 3. dī. than it shall chaūge the fourth houre, that is to saye after mydnyght, whan it chaungeth on this letter. C. 4. dī. than the. viii. houre, whan it is on this letter. D. 4. dī. than the. xx. houre/

whan it is on this letter. E. 4. dī. than the xviii. houre, whāit is on this letter F. 3. dī. than the. xvi. houre, whanit is on this letter. G. 3. dī. than the. xvi. houre.

¶ The dyspolycion of the. xij. Monethes vpon blode lettynge.

¶ January.

In the monthe of January, let the no blode the fyrst day for it is perylous ne on the. ii. day, ne the. v. day, ne the. x. day ne the. xv. day, ne the. xix. day ne the. xx. day ne the. xxv. day, but as often as thou wylt drynke good whyte wyne fastyng. And alway take good hede of the dayes that be aboue wrytten, for they be perylous for to be let blode on, but the Sygne be ryghte good for blode lettynge.

¶ Febryary.

¶ In the monthe of Febryary, eate no potage made of hokkes or maloyes, for that is venym. And yf thou haue nede to blede on thy wryst, on the vayne of thy thombe, blede not on the. iiii. day, ne on the. vi. day, ne on the. viii. day. But on the. xiiii. day is

good

good,ne blede not on ỹ.xbii.day,ne on the xxbi.day,ne on the.xxbiii.day,but that the lygne be bery good,and thou mayst chose.

¶ Marche.

¶ In the month of Marche, eate kygges raylyns and swete meates & drynkes,and hote meates,and let the blode on the right arme,on the.b.day or on the.bii.day,or on the.xbii.day, for that is good agaynst all maner of Febres,but beware blede not the i.day,ne the.xb.day,ne the.xbi.day,ne the xix.day,ne the.xxbiii.day,and thou mayst chose,and yf thou do loke the lygne be bery good.

¶ Apryll.

¶ In the month of Apryll,blede on the lyft arme,on the.iii.day,or on the.xi.day or on ỹ.xb.daye & thou shalt haue no great heed ache ne lese thy syght that yere,& vse fresshe & hote meates,but bled not the.bii.day ne the.biii.day,ne the.x.day,ne the.xx.day for these dayes be not good for bledynge.

¶ Maye.

¶ In the month of May ryse erely & eate and drinke betyme,vse hote meates & drin

kes,

kes, but eate neither of heed nor sote while that May last, & let the blode on the.i. day or on the.xviii. day, on whiche arme ȳ wylt or on the.xxvii. day, or on the.xxviii. daye, and it shal moch help the against al maner of euyls, but beware that thou blede not on the.iii. day, ne the.vi. day, ne the.xv. day

¶ June.

¶ In the month of June, some Phylycions say ȳ it is good euery day to drynke a quantite of colde water fastyng, and rule ȳ of thy meate, & thy drynke mesurably, and eate letuse and sage, and yf thou haue nede blede on the.xxviii. daye for that is good/ but beware that thou blede not the vii. day ne on the.x. day, ne on the.xv. day, ne on the xvi. day, ne on the.xxii. day.

¶ July.

¶ In the month of July, kepe the from Lechery, for than thy brayne and thy humoures ben alway open, and blede not in this monthe, but yf thou haue great nede, and than beware alwaye that thou blede not vpon the.xiii. day, ne on the.xv. day, ne on

the.xix.daye ne on the.xxii.daye / for it is very daungerous.

¶ August.

¶ In the monty of August, eate no maner of wortes, nor no maner of hote meates & drynkes of spycery, nor blede not the.i. day ne the.xx.day, ne ỹ.xxix.day, ne the.xxx.day The other dayes ỹ mayste blede for great nede yf the sygne be good for blod lettynge but not els & thou loue thy selfe in helth.

¶ Septembre.

¶ In the monty of Septembre, al maner frupte that is rype, & not enfected is good for to eate, and blede on the.xvii.day, or on the.xxvii.daye, & of the dropsy, frense, and palsy, ne of the fallyng euyl drede the not of al that yere, and yf thou haue nede to blede more, beware that thou blede not the.iii. day, ne the.iiij.day, ne the xvi.day, ne the.xxi.day, ne the.xxii.day.

¶ Octobre.

¶ In the monty of Octobre, drynke good and holsome wyne, and blede not, but that

great nede make the, and loke that the lyg ne be very good, but yet beware that thou blede not on the.iii.day, ne on the.vi.day, ne on the.xvi.day, ne on the.xxiiii.day and thou wylt do well.

¶ Nouembre.

¶ In the month of Nouembre, blede not but for nede, for all thy blode is gathered that tyme vpon thy heed vayne. Bath the not, but vent the a lytell of grasynge, for then ben all thyne humours ouer quicke to blede: and yf case be that thou haue great nede for to blede, beware of the.v.day, the vi.day, the.xv.day, the.xix.day, the.xxviii. day, and the.xxix.day.

¶ Decembre.

¶ In the monthe of Decembre, blede not but yf thou haue great nede for the case, & blede than on the.xxvi. day for it is ryght good, & in case thou haue more nede to blede beware of the.vii.day, ỹ.xv.day, the.xvi day the.xvii.day, & the.xxii day, and i this month come nye no fyre w̄ thy shankes.

¶ Thus endeth the.xii.monethes.

¶ For

¶ For to vnderstande and knowe the yeres that shalbe plenteous, & in great habundaunce of goodes.

¶ In die dominica,

That is Sondaye.

IN the the yere that Janyuere shall enter on the Sonday, the wynter shalbe colde and moyste, and the Sōmer shalbe hote, and the tyme of Haruest shalbe wyndye, and rayne, with great habundaunce of corne of wynes, and of other grayne/ and of all gardyn fruyte and herbes, there shalbe lytell Oyle, habundaunce shalbe of al maner of flesh, some great newes shall men here spoken, of Kynges, of Prelates, of the churche, and other earthly Princes, great warres and robberies shalbe made and many yonge people shall dye.

¶ In die Lune,

that is Monday.

¶ In the yere that Janyuere shalenter on the Monday, the wynter shalbe pealyble ynough, and the Sōmer shalbe very tem-

perate. Than shalbe great flodes of wa-
ters, that shall breke out of theyr lymittes
and bondes, and many shyps vpon the see
shall perysshe, and in that yere shall reygne
dyuers sickenesses and chaunges of great
lordes shalbe made, many women shall pe
rysshe in trauaylynge with Chylde, many
great Lordes shall dye, That yere shalbe
lytell grasse and mustarde sede, but there
shalbe plenty of corne and wynes and good
chepe flesshe, and but lytell Oyle.

¶ In die Martis,

that is Tuesdaye.

¶ In the yeare that Januere shall enter
on the Tuesday, the wynter shalbe chaun-
geable and not stedfast, for in the prime ty-
me of trueth it shall freese, and that shall
hurt sore the Rye, the Vynes, and the flow
ers, & the sōmer shalbe dry, hote, and but-
ning, in somoch that the herbes of the gar
dynes shall haue no power to come out of
the groumde. All thynges shalbe dere, saue
onely corne many men shal dye of the blody
flyxe, there shalbe no tydinges of thondres

lygh-

lyghtenynges, and tempeſtes, but al fleſh ſhalbe dere, many wynes ſhall turne.

¶ In die Mercurij,

that is wedenſday.

¶ In the yere that Ianyuere ſhal enter on the Wedneſday, the wynter ſhalbe temperate, but in the ende there ſhalbe ſnowes, and froſt, ỹ primetyme ſhalbe rayny great habundaunce of all Cornes, of wynes of fruytes, of haye, of graſſe, and generallye of all good thynges, The ſõmer ſhalbe a lytell clowdye, by the whiche therof ſhall come great ſyckenes, pooze labourers, as hande craftes and artificiers, ſhall gayne metely well this yere, many theues ſhalbe by whom the meane people ſhalbe ſoze pylled and dyſcõforted, great waters, batayle and ſlaughter ſhalbe towarde the myddes of the yere, by the whiche ſhall come great goods to ſome men. In the ende of the yere ſhalbe diuers peſtilences, botches, & fallyng euyls, and ſpecially nert the ſee.

¶ In die Iouis,

that is Thurſday.

¶In the yeare that Janyuere shall enter on the Thursday, the wynter shalbe longe and most parte dry, and this yere shalbe very holsome. The Primetyme shalbe verye wyndy, the sõmer shalbe good and temperate, and haruest shalbe most parte rayny, by the whiche the waters shall sore breke out of their bondes, the wheete and wynes shalbe good chepe, there shalbe of Otes of hay, of grasse, and of fruytes competently ynough great warre & deuysion shalbe betwene the churche and the kynges, and the princes & in the ende the princes shall haue victories of theyr enterpryses women shall set them selfe moche to Lechery, the people shalbe well eased of taxes and tälleges.

¶In die Veneris

that is Frydaye.

¶In the yeare that Janyuere shall enter on the Frydaye, the wynter shalbe longe & drye, and the Sõmer vnholsome, Haruest, shalbe dry, all corne shalbe dere, the Vyntage shalbe good ynough & habundaunce of oyle, of fruyte, of haye, of grasse, & of all gar=

gardyne herbes, the worlde shalbe sore persecuted w̄ dyuers sycknesses, as sore eyes and of all etyckes, many yonge chyldren shall dye, great thondres, lyghtnynges, & tempestes shalbe, that shall greue sore all the groũde: there shalbe earthquakes, and good chepe cloth, poore people shall gayne lytell or nothynge, many beastes shall dye for hunger, for the dyuersyte and maladye of the tyme.

¶ In die Sabbati,

that is Saterday.

¶ In the yeare that Jauyuere shall enter on the Saterday, the wynter shalbe temperate suffycyently: and in the prime tyme shalbe frostes, the whiche shal destroye the Ryes, the vynes, the Oyles, & the fruytes/ the cõmer shalbe metely temperat, the harueste tyme shal be drye, the Otes and other corne shalbe good chepe, al gardine herbes shalbe chepe ynoughe, and Flesshe shalbe good chepe, many olde people shall dye. Feuers tercians shall greue sore the worlde, that shalbe sycke thorough euyll hete. And

ma-

many murmuracions, warre & murthers, shalbe done, by one against the other, and neyghboures agaynst neyghboures / and many other cases shalbe often tymes committed and done. ∴∴∴

¶ Finis.

¶ Thus endeth this Prognostycacion for euer.

¶ Imprynted by me Robert Wyer.

¶ Cum priuilegio, ad imprimendum solum.

ROBERT ✠ WYER.